

Planned Parenthood Regina

Abortion

Abortion is a surgical procedure to end an unwanted pregnancy. It is performed by a physician in a clinic or hospital.

Arranging It

Some healthcare professionals may not be willing to discuss abortion. Seek assistance from healthcare providers like Planned Parenthood Regina and pro-choice physicians who are committed to providing objective information about your options.

Abortions in Saskatchewan are offered up to 16 weeks and six days of pregnancy and are completed in hospital.

• Regina

Women self-refer to the Women's Health Centre at the General Hospital. This means you call the Women's Health Centre directly, and they provide you with the information you need. Procedures in Regina can be done up to and including 16 weeks of pregnancy. Phone the Women's Health Centre at 766-4860 or 1-800-563-9923.

• Saskatoon

Women require a referral from the Sexual Health Centre of Saskatoon or from a physician. Procedures are done in hospital through day surgery and can be completed up to 12 weeks of pregnancy. Phone the Sexual Health Centre at 1-306-244-7989.

Abortions done between 16 and 20 weeks of pregnancy are referred to clinics in Alberta.

• Calgary

Contact the Women's Health Clinic in the Peter Lougheed Hospital at 1-403-943-5716 or the Kensington Clinic at 1-403-283-9117.

• Edmonton

Contact Women's Health Options (formerly the Morgentaler Clinic), which provides abortions between 6 and 18 weeks, at 1-780-484-1124.

Common Questions

Is abortion legal?

Yes. Canada is one of the few countries in the world where women have the right to terminate a pregnancy with dignity and respect.

Is abortion safe?

Yes. The earlier in the pregnancy, the safer the abortion. However, there are risks associated with all surgical procedures, and your doctor will discuss these with you. There is no evidence that having an abortion causes problems with future pregnancies, or that having an abortion leads to breast cancer.

Is having an abortion painful?

Medications are given to control pain during an abortion. Your doctor will discuss pain control if you experience menstrual-like cramps following the procedure.

Do I have to tell my parents? Do I need their consent?

No. In Saskatchewan, parental consent is not required as long as it is clear that you understand what you're doing. All women seeking abortions must meet the same criteria for competency.

Who will know about my abortion?

Strict confidentiality is maintained. However, tell staff at the hospital if you do not want information about your abortion sent to your family physician.

How much does an abortion cost?

If you are a resident of Saskatchewan and have a Saskatchewan health card, there is no fee for the procedure. There is also no fee for abortions done in Calgary or Edmonton, but you may incur costs due to lost time from work and travel expenses. Status Indians can be reimbursed for out-of-province costs by calling 1-866-885-3933, extension 3.

Is there a waiting list?

Yes. Women wait approximately three to four weeks in Regina and two to three weeks in Saskatoon.

This is an informational handout only, if you have any questions or concerns contact PPR or your family doctor

Planned Parenthood Regina

THE SEXUAL HEALTH EDUCATION PLACE

1431 Victoria Avenue, Regina, SK T: 306 522 0902

www.plannedparenthoodregina.com

HOURS

| | | |
|---------------------|------|--------|
| Monday, Tuesday | 9–12 | 1–5 |
| Wednesday, Thursday | 9–12 | 1–7:30 |
| Friday | 9–12 | 1–5 |
| Saturday | 1–5 | |