

Can I see the child following the birth?

Yes. The amount of connection the child and birth parents will depend on their preferences and wishes. These terms can be a negotiation between the birth and adoptive parents before the child's birth with the help of an adoption worker.

What supports are available during my pregnancy?

1. Al Ritchie-Baby's Best Start Program at 306 766 7660
2. Four Directions Community Health Centre Healthiest Baby Possible Program 306 766 7540 for Nth Central residents.

Are there counselling services available after adoption?

Yes. Family Services Regina, 306 757 6675 & Catholic Family Services 306 525 0521 both offer free counselling services.

Social Services office: 12th Floor, 1920 Broad St. 306 787 5698

**This is an  
informational  
handout only.  
If you have any  
questions or  
concerns contact  
Planned Parenthood  
Regina  
or your family  
physician**

Planned Parenthood Regina  
1920 B Francis St.  
Regina, SK  
Phone: **306-522-0902**

**Hours of Operation**

Monday, Wednesday & Friday  
9 a.m.- 5 p.m.  
(closed from 12:00-12:45 for lunch)

Tuesday & Thursday  
9:00 a.m.—8 p.m.  
(closed from 12:00-12:45 for lunch)

Saturday  
1:00 p.m.—5 p.m.

Sundays & Stat Holiday weekends:  
*Closed*

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**Tel: (306) 522-0902**

# Adoption

## What is adoption?

Adoption is when the legal rights, duties and obligations of birth parents are terminated and the child is given to adoptive parents.

## Adoption Options:

1. Private: Limited information is shared indirectly between birth family and adoptive family. Information exchange stops once the adoption is in place. A lawyer is required.
2. Semi-open: Both families work with an adoptive agency personnel to exchange information. Identities remain protected.
3. Open: Identities are known between birth and adoptive families. Open adoption usually involves communication between families. Communication may involve telephone calls, pictures, letters, and face-to-face meetings.

## Do I have to have my decision made before talking with a Social Worker?

No, Social Workers are there to help you explore all of your options. In addition, they can help you connect with other support services.

## When can I start the adoption process?

The adoption process can start at anytime, although there is a process to go through before you begin searching for an adoptive family.

## How do I start the adoption process?

To discuss your adoption options contact Social Services at 1-306-787-3916

## Can I or the Father change our minds and decide to raise the child?

Yes. There is a 14day revocation period (meaning withdrawal of adoption) this usually requires consent from both parents.

## Do I need the fathers consent for adoption?

Yes. According to Saskatchewan legislation, both birth parents must sign the adoption consent form. There are no exceptions.

## What if the birth father will not give his consent for adoption?

A feasible plan for placement must be in place if the birth father will not give his consent nor is a suitable parent. This plan may include a responsible family member agreeing to care for the child.

## Do I need my parents consent for adoption?

No. Birth parent under 18 years of age may give consent for adoption. Their consent is viewed as valid just as if the parents were over 18 years of age.

## How much does adoption cost?

Social Services do not charge for their services. If you have an independent adoption, there is a cost involved.

## Can I choose the adoptive parents?

Yes. There are a number of adoptive families with in-depth home studies done. To pick an adoptive family, you will fill out a check list, which provides information about what type of family you are looking for. This is sent to a central database where they will match your criteria with 5 or so adoptive parents. This will be reviewed by you and your worker to find a best match.